



## Continuous Glucose Monitoring Systems

Many children are using continuous glucose monitoring systems (CGMS) and many of our campers are using these devices. We want to encourage campers to grow in their diabetes care and we will support those who choose to wear CGMS devices. However, the camping environment is different from home and we are implementing the following policies around CGMS use to make sure camp remains a fun and safe experience for all of our campers.

- All CGM devices will be labeled upon check-in with the camper's name and a copy of the CGM policies signed by a parent/guardian.
- **A new CGM sensor site should be placed on the camper the day prior to coming to camp.**
- CGMs may be used for dosing insulin.
- Campers will still be required to check blood glucose via glucose meter and as recommended by CGM manufacturer when instructed by the medical staff.
- At camp, our glucose target is often higher than home glucose targets (generally <180 mg/dL). Alerts/Alarms from CGM may be verified with a blood glucose. To prevent frequent alarms, we strongly recommend changing alarm parameters:
  - Low Alert <80 mg/dL
  - High Alert >300 mg/dL
  - Disable high prediction alert and rise rate
- If the CGM sensor becomes dislodged, errors, or fails, a replacement sensor will be put back on the camper at the next meal (activities will not be interrupted for CGM failure). The camper will keep extra CGM sensors in the cabin. DYS will not provide sensors, if no sensor is available, camper will use blood glucose meter. **Neither DYS nor Recreation Unlimited accept responsibility for these unused sensors.**
- The medical staff has permission to download and review CGM data for medical purposes.
- DYS will not be responsible for lost or broken CGM units (transmitters, receivers, or sensors). Use of CGM at DYS Hot Shots Camp is completely at the parent/camper's discretion. **Neither DYS or Recreation Unlimited accept responsibility for any CGMS components (transmitters, receivers, or sensors).**
- If the CGM unit becomes a distraction to the camper or cabin, the medical staff reserves the right to turn off the CGM unit.
- **No remote monitoring of CGMS units will be allowed (campers are not allowed to have non-medical electronic devices). Camp policy prohibits the use of cell phones at camp. Violations of this will result in removal of the CGMS and transmitting device (cell phone).**

Brand of CGMS: \_\_\_\_\_

Serial #: \_\_\_\_\_

Parent Signature: \_\_\_\_\_