

Dear Parent's of \_\_\_\_\_ class,

My child, \_\_\_\_\_ has Type 1 Diabetes. This type of diabetes occurs when the cells in the pancreas that make insulin are mistakenly damaged by the body's own defense system. The underlying cause has not yet been identified, although research is underway. The only treatment is to control food intake, activity and insulin.

If possible, please let the teacher or me know ahead of time if you are planning a party or special event. Food such as cake, candy and other "sweets" are usually a part of these occasions. There are no "bad" foods. But if I know ahead of time, we can decide to send a special food for \_\_\_\_\_ or just adjust the treatment plan so \_\_\_\_\_ can have the same foods as everyone else.

Thank you for taking the time to read this letter. If you have any questions, please feel free to call me at \_\_\_\_\_.

Sincerely,